

Changing Tides

*Grandmothers to Grandmothers Campaign
Campagne des grands-mères à grands-mères*

Ottawa-Gatineau Region
Région d'Ottawa-Gatineau

February 27, 2024
Volume 12, Issue 2

Editor's Notes

As noted in Sandi's Updates, things with the Grandmothers' Campaign seem to be on the move!

Not only are grandmother groups planning their spring fundraising adventures, but concerted efforts are in the forefront for try-out and implementation! The well laid out D/I/R/R document is adding practical touch-ups and opportunities and flexibility to

help groups look at different recruitment approaches. A type of mentorship is offered to assist us in trying innovative ideas!

What is of particular note is the SLF consideration of a visit to Africa in the fall or spring of next year to areas with a diversity of Partner Organizations focusing on girls' education.

It is equally exciting to hear of a refurbishing of the earlier Speakers Bureau to help G2G presenters

update their skills to continue raising awareness about the Grandmothers Campaign.

Those of us who have attended Grannyfest in the past are excited that June 5th will feature a line-up of presenters who will certainly inspire our movement and local planning!

Mia Overduin
Editor

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SAVE THE DATE GRANNYFEST 2024

June 5, 2024

First Unitarian Congregation of Ottawa
30 Cleary Avenue, Ottawa, Ontario

Featuring: *Meg French, CEO, Stephen Lewis Foundation*
Ida Mukuka Nambeya, Special Advisor to the Grandmothers Campaign
Kathy Armstrong, Baobab Tree Drum Dance Community
and *Pulse! Rhythm and Wellness*

GRL Updates – February 2024

As February comes to a close, we look forward to spring and another busy fundraising season. I know many groups across the country have already started planning events with renewed determination. I would encourage you to consider reaching out to groups who might be struggling and, where possible, include them in your fundraising events. We're always stronger when we work together.

The SLF has hired a replacement for Megan and she joins us as of March 3rd. We will miss Megan's knowledge and expertise and we will have to be patient as her replacement gets up to speed and until Alanna returns from parental leave in April.

The big news this month is that the SLF is considering a trip to Africa either this fall or in the spring of 2025. The objective is to travel to places where there is a diversity of Partner Organizations with an overall theme of girls' education. This is still in the very preliminary stages and as soon as I have more information, I will let you know.

The Campaign Call this month was devoted to an update from the D/I/R/R Committee who presented the input to the existing documentation arising from the Gathering in Winnipeg. New information was included under the heading of "getting it done at the grassroots level". Practical suggestions were added on how to improve messaging, effective recruitment approaches, education, meeting the needs of members, leadership models and flexible participation opportunities. Committee members are available to make presentations on the material to individual groups or at larger gatherings.

GRLs are spearheading an initiative to revitalize the Speakers Bureau, beginning with updating all the existing material to reflect new realities and messaging. Once that has been completed, efforts will focus on creating new training material and making it available across the Campaign. Supported by the knowledge accumulated by the D/I/R/R Committee, we can begin to revive our awareness raising and recruitment efforts.

Finally, the Organizing Committee has been working hard on **Grannyfest 2024**, around the theme of **Harambee, all pull together**. We are pleased to confirm that Meg French, CEO of the Stephen Lewis Foundation will be joining us along with Ida Mukuka Nambeya, Special Advisor to the Grandmothers Campaign. We have also confirmed Kathy Armstrong, music instructor at Carleton University and drummer extraordinaire. She will get us all up singing and dancing! Lunch is included as well as sweet treats that only grandmothers can make. Win one of three beautiful gift baskets. The committee is making sure that, as well as inspiring speakers and rejuvenating workshops, there will be lots of time for socialization and fun. Please mark your calendars for **June 5th** and bring a friend!

Yours in solidarity,
Sandi

GRANNYFEST 2024 - Harambee, all pull together

June 5th

First Unitarian Congregation of Ottawa
30 Cleary Avenue

Featuring:



Meg French, CEO, Stephen Lewis Foundation



Ida Mukuka Nambeya
Special Advisor to the Grandmothers Campaign
Stephen Lewis Foundation



Kathy Armstrong
Baobab Tree Drum Dance Community and
Pulse! Rhythm and Wellness

***Join us for a day of fun, education and
celebration and bring a friend!***

GRANNY BULLETIN – February 2024 - Excerpts

INTERNATIONAL WOMEN’S DAY (IWD), INVEST IN HER, March 8, 2024 - The SLF will share stories of inspiring grandmothers from Tanzania, Uganda, Zimbabwe, and Canada on the SLF website, Facebook and Instagram pages in the week leading up to *IWD*.

AEROPLAN POINTS MATCHING WEEK – March 18-24 - Your donated Aeroplan points will be matched. Stay tuned for more details next month!

STRIDE TO TURN THE TIDE fundraising pages and **Grandmothers to Grandmothers Campaign** general fundraising pages are now live. Email campaign@stephenlewisfoundation.org if you want to set up a fundraising page.

WINNIPEG GATHERING FINAL STATEMENT is attached to this month’s distribution email of *CHANGING TIDES*.

AWARENESS-RAISING INITIATIVE FOR NATIONAL GRANDPARENTS’ DAY, September 8, 2024 – This year’s celebration will raise awareness about the Grandmothers to Grandmothers Campaign and the *HIV* epidemic. Everyone “*who is passionate about social justice and grandmothers’ rights*” is invited to participate. A planning committee will work on a special project to share with interested grandmother groups.

HELLO FRIENDS! 2024

Making a Difference! Embracing our grandmother power!

May 13-15, 2024

Toronto, Ontario
International Living and Learning Centre
(ILC) – Toronto Metropolitan University
Downtown Toronto

Guest Speaker: Sally Armstrong
Journalist, Author

Details: GRAN website
grandmothersadvocacy.org

TELL US YOUR STORY!

What keeps us going as granny groups? *CHANGING TIDES* wants to showcase your group’s story. Many of us are reflecting on past successes and today’s challenges, on the dwindling numbers and groups, and regional ventures.

Tell us about your beginnings. What type of activities worked or didn’t? How did you navigate the challenges of the pandemic? Has your vision changed and how? Have you been able to recruit new members? How did you reach out? Are you pursuing partnerships with your community, or other groups?

We’d love to hear from you!

GRASSROOTS EVENTS POSTERS



2024 GARDEN PLANT SALE



*A variety of
perennials, home-
baking, preserves, honey & Jewelry.*

UNITARIAN GOGOS FUNDRAISER FOR THE STEPHEN LEWIS FOUNDATION

*** * SAVE THE DATE * ***

LOCATION: First Unitarian Congregation
30 Cleary Avenue, Ottawa, ON K2A 4A1

DATES & TIMES: Friday, May 10th 9 AM – 4:30 PM
Saturday, May 11th 9 AM – 4:30 PM
Sunday, May 12th 9 AM – 1:30 PM



PAYMENT: Pay What You Wish.
Proceeds to Stephen Lewis
Foundation

***** More details to follow *****

To receive updates, please email
gogos.fundraising@gmail.com or
call Linda at 613-222-5633



GRASSROOTS EVENTS POSTERS

16th

GRASSROOT GRANNIES

Annual Plant Sale & Market Place

Saturday, May 11, 2024

65 Knudson Drive, K2K 2L5

8:00 AM – 12:00 NOON

What Can You Expect?

- * *Hardy perennial plants, herbs and vegetable seedlings*
- * *Hand-crafted garden ornaments*
- Gently used garden tools & ornaments*



There will be horticulturists on site for advice on landscape design and plant care

**WE ACCEPT CASH, CHEQUES
& CREDIT CARDS**

RAIN OR SHINE THE EVENT GOES ON



GRASSROOTS EVENTS CALENDAR

Editor's Note: Submissions for the monthly newsletter are due on the 23rd of the month.

DATE	GRANNY GROUP	EVENT/CONTACT	LOCATION/CONTACT
March 8, 2024	SLF	<i>International Women's Day – Invest in her</i>	National Event SLF website, Facebook, Instagram
May 10-12, 2024 May 10/11 May 12	<i>Unitarian GoGos</i> 9 am - 4:30 pm 9 am – 1:30 pm	<i>2024 Garden Plant Sale</i> Perennials, home-baking, preserves, honey, jewelry	First Unitarian Congregation of Ottawa, 30 Cleary Avenue, Ottawa
May 11, 2024	<i>Grassroot Grannies</i>	<i>16th Annual Plant Sales & Market Place</i> – Perennials, herbs, vegetable seeds, garden ornaments, tools	65 Knudson Drive, Kanata 8 am – 12 pm
June 5, 2024	All Groups	<i>Grannyfest 2024</i>	First Unitarian Congregation of Ottawa 30 Cleary Avenue, Ottawa
Sept. 8, 2024	All Groups	<i>Grandparents Day</i>	A national event to draw attention to the Grandparents Campaign
November 2024	All Groups	<i>GRAND Market</i> Contact: Mary Jane Sterne, <i>One World Grannies,</i>	Horticulture Building Lansdowne Park, Ottawa Tel: (613) 866-7919 mjsterne@rogers.com.

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